Being a minority scholar in academia

❖ Ethnicity

❖ Gender
Challenge 1: The feeling of unbelonging

❖ Unfamiliarity with the new context
❖ A more international/global identity
❖ Strategies
  ➢ Social and academic support
  ➢ Mindful experiences
Challenge 2: The problem of affordability

- Limited financial resources especially as a graduate student
- Starting a new life and job
- Strategies
  - Motivation/perseverance
Challenge 3: Work-life balance

❖ Priorities vs. trivialities

❖ Strategies
  ➢ Concentration
  ➢ Organizational skills
Challenge 4: Being from a developing country

❖ Overgeneralizations and false impressions

❖ Strategies
  ➢ Quality work
Outcomes

❖ Attainment of lifelong academic abilities

❖ Ability to achieve long term goals

❖ Awareness of the salience of diversity and inclusion

❖ Increased motivation for more production
TEŞEKKÜRLER!